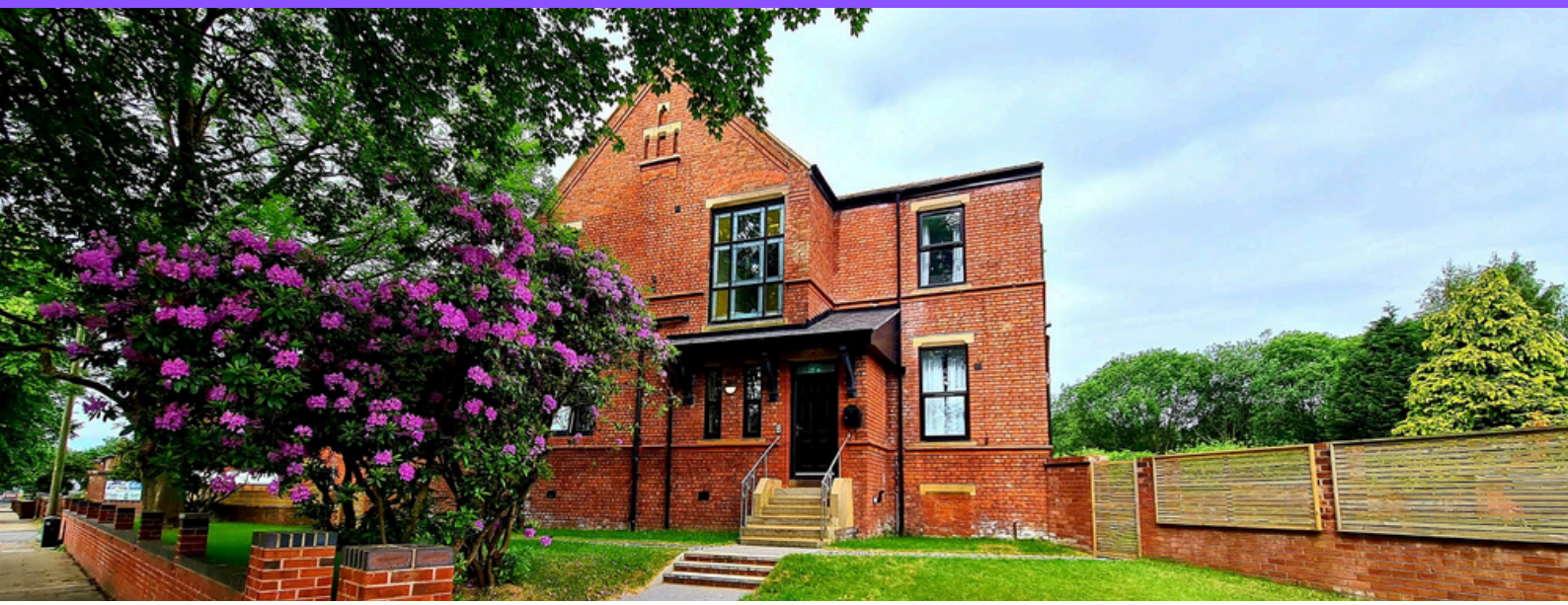
Issue No. 8
June 2024

The Extra Chapter Newsletter

All the latest news from The Withins





"Don't judge my story by the chapter you walked in on"
Source Unknown"

Welcome to The Withins

Alesha, Leah and Karen!

Please join us in welcoming three new members to The Withins team.
Alesha, Leah and Karen.

This month we will focus on Leah.



Hi, I am Leah, a university student at Edgehill training to be a primary school teacher. I love spending time with my friends and family. I love listening to music and trying new foods. My hobbies include travel to new countries and going to music festivals with my friends.



MY TIME AT THE WITHINS

A little bit about me.







Hi there!

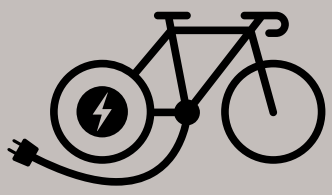
My name is Matthew. I have been at The Withins since may 2022.

I love to spend time out in the community on my electric bike and enjoy tinkering with electronics to try and fix them.

I am currently saving to go on holiday to Hong Kong with my family later in the year.

I like to cook different meals for the house, including taking part in the "Flavours from around the World" where I have made Chinese, Japanese and English food with staff support.

I like being at The Withins and appreciate the support that all the staff give to me.



IN THE SPOTLIGHT



Diana Berry

Hi, I am Diana. I have worked at The Withins as a support worker since we opened in 2021. I have since been promoted to team leader, which I really enjoy.

I am a part time carer for my dad.

I like Chinese food and playing Bingo. I am The Withins resident Bingo caller due to knowing all the lingo (as you can see from my picture)
In my free time I enjoy holidaying at my villa in Turkey with close family and friends.

Above and Beyond Award for April







A huge "Well Done" to Support Worker, Maggie on receiving the Next Chapter Healthcare Above and Beyond Award.

Maggie was recognised for always being on hand to offer advice, support and practical activities to all residents.

Above and Beyond Award for June





Another huge well done to one of our Team Leaders, Kerrie on receiving the Above and Beyond Award. She has worked incredibly hard to make sure that all staff are up to date on their training and implemented new protocols.



Flavours from around the World

Every month the residents are cooking a dish from around the world.



Sauerkraut from Germany



Boeuf Bourgingnon from France



Curry from India



Paella from Spain



Teriyaki Chicken from Japan

Residents and staff are having a great time learning all about the country we choose. More to come next time...

MAKE YOUR OWN PIZZA DAY

























As part of our “Flavours from around the world” staff and residents made our own Pizza’s. It was a huge success and they can’t wait to do it again soon.

COMIC RELIEF

RED NOSE DAY













For this year's Red Nose Day we held a party at The Withins. We had an indoor barbeque and karaoke.

BBQ Party



Women's Hour









Yet again, Women's hour was a huge success with both staff and residents. Our host, Collette is working on other groups that are inclusive for all at The Withins. Keep your eyes peeled for more information...

GETTING THE GARDEN READY FOR SUMMER















Our residents have once again been working their GREEN fingers to the bone to get The Withins garden ready for some summer fun.
They even helped to build a bird feeder.



Home Safari















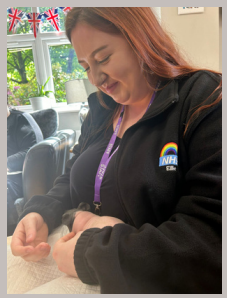
The amazing Home Safari team came to visit recently. This is always a big hit with staff and residents alike. Animal therapy can be really beneficial to everyone's mental health











Happy Birthday

King Charles III







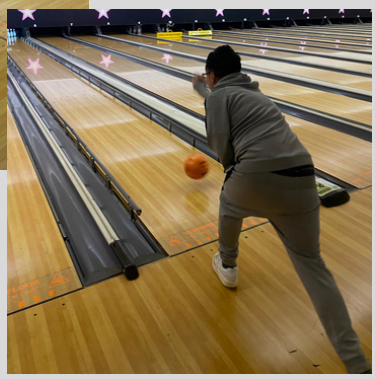
We had a party to celebrate King Charles III 75th Birthday.
Staff and residents played games and sang on the Karaoke to celebrate in style.



Hollywood Bowl













Residents have been once again encouraged to plan an activity that they would like. This time, they chose to go into Bury for Hollywood Bowl. They had three games of bowling followed by a spot of lunch. They can not wait to return

Next Chapter Healthcare is proud to work in partnership with The University of Salford in providing placements for their students who are studying Mental Health Nursing. Every student that we have welcomed to The Withins have been hard working and committed to our ethos of rehab and recovery.



Ellie is seen here enjoying our home safari
She is at the end of her second year of study and wants to work in acute services when she graduates.





Effie loved helping us be silly for Comic relief.
Effie is in his second year of study and would like to work as a Community Psychiatric Nurse when he graduates.



Thank you to all our students from 2023/24 cohort and all the very best for the future! From everyone at Next Chapter

ONE-TO-ONE TIME





All residents are encouraged to book a 1-1 session with their Key worker every week. These can be anything they like from a short walk and a coffee, to a weekend away.
Some of the activities that they have enjoyed this week are games club, crafting and dog walks.

One-to-one times are a great way for staff and residents to connect. They often open up more about any issues when they are alone with someone that they trust.











Trip to Wales



One of our residents asked if she could go to Wales for a couple of days.

Her Key worker helped her find a suitable location and public transport times. They stayed in a Haven Holiday park and had a fun and relaxing few days. They ate fish and chips by the sea, played bingo and saw some of the sights.
She is already itching to book another one!













THE FA CUP







The Withins was decked out in red and blue for the FA cup Final between Manchester United and Manchester City.

As you can see, the red residents were very happy with the result!

Coming in the next issue...

- Another “In the spotlight”
- Another “All about me”
- More 1-1 activities.
- More about our new staff
- The Euro’s!
- Meal out at the Indian Restaurant

and much more.....

Our Mission Statement.

Our Vision

To be recognised as a world class healthcare and rehabilitation provider with a team of individuals who are dedicated to developing and providing the best possible care to allow people to be able to live a meaningful and satisfying life in the presence or absence of symptoms.

Our Mission.

To offer a high quality care that is determined by individual needs, to improve people's mental health and stay well, in homely accommodation, whilst showing dignity and respect to all our residents

Our Values

- Caring - Our actions show concern and kindness for each other at all times.
- Open - We see things how they really are and how they could be.
- Responsive - We respond to all feedback, suggestions and influences and see them as opportunities to grow and improve.
- Respectful - We listen to the opinions of others without comment or judgement.
- Together- We work in partnership with organisations that support our vision, mission and values.

Next Chapter Healthcare