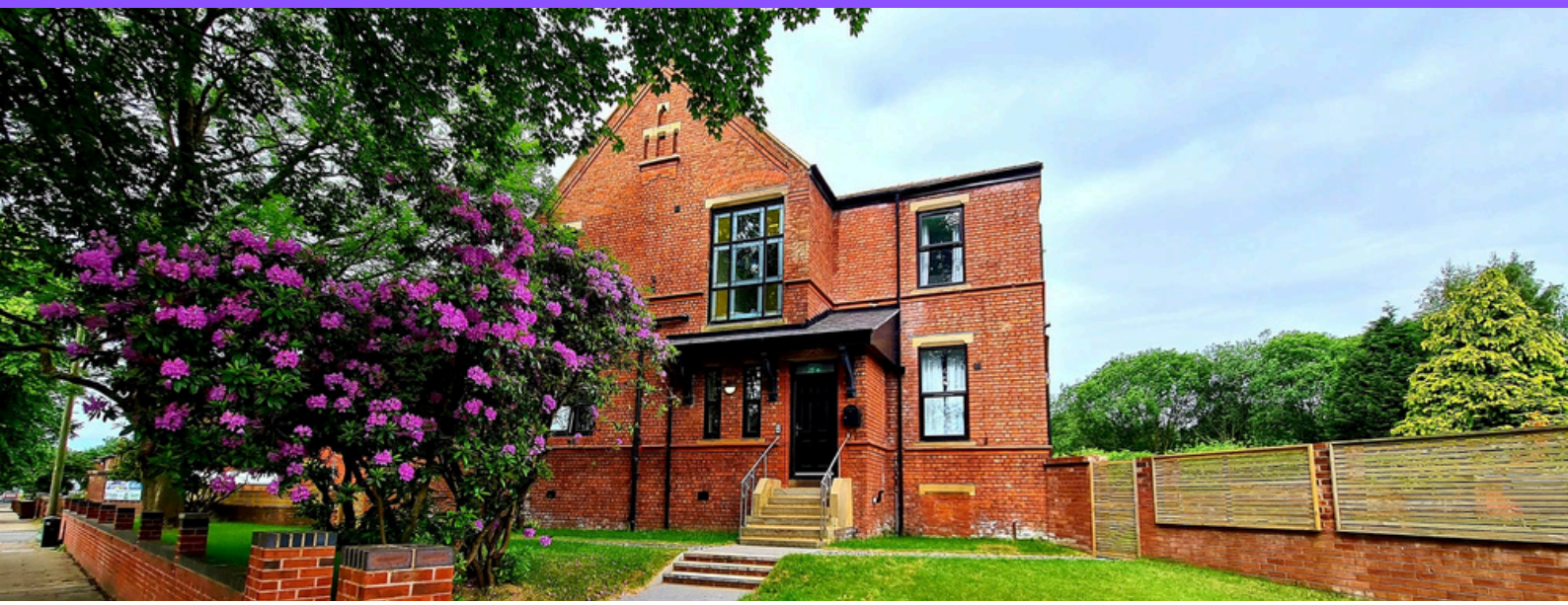
Issue No. 9
September 2024

The Extra Chapter Newsletter

All the latest news from The Withins





"Don't judge my story by the chapter you walked in on"
Source Unknown"

Welcome to The Withins

Alesha!

Please join us in welcoming Alesha to The Withins team.



Hi, I'm Alesha and I'm a member of Bank staff at The Withins
I have previously studied bricklaying, tiling, woodwork and plastering at Bury college, as well as one year business studies and one year Child care.
When I was at school, my favourite subject was maths.
I like to spend my free time socialising, seeing my sibling in school activities and dancing!
My favourite colour is Blue and my favourite meal is "half and half mash" ((feel free to ask me about this).



MY TIME AT THE WITHINS

A little bit about me.







Hi there!

My name is Ian and I am a new resident at The Withins.

I support Man Utd football club but like to watch most teams on television.

I enjoy tv show such as The Repair Shop and Find it, Fix it, Flog it.

I like to spend time with my peers from Edenfield.





IN THE SPOTLIGHT



Joanne Shepherd

Joanne joined The Withins as a Support worker on 31st October 2023 Before that she was a Special Educational Needs Teaching Assistant for over 20 years.

Since arriving with us, Joanne has worked extremely hard and was promoted to Temporary Team Leader in July this year.

Joanne tells us that she absolutely loves her job here.

Joanne likes to spend her free time enjoying family time with her children and five grandchildren. She loves walking her dog, Sally, and holidaying in hot countries.

Joanne's favourite colour is purple and her favourite meal is a Sunday Roast.

Above and beyond award



Thank you for going above & beyond.

A massive "Well done" to Naomi Hardman on her Above and Beyond award.
Naomi has worked very hard to pass her medication competency.
She has made enormous progress in every aspect of her role as a support worker.

Congratulations!

Baby Shower

Staff and residents organised a baby shower for Sarah before she went on Maternity leave.







And the beautiful Theodore was born less than a week later. Congratulations to the new Mummy

Food



Residents have been organising meals once a month without staff support



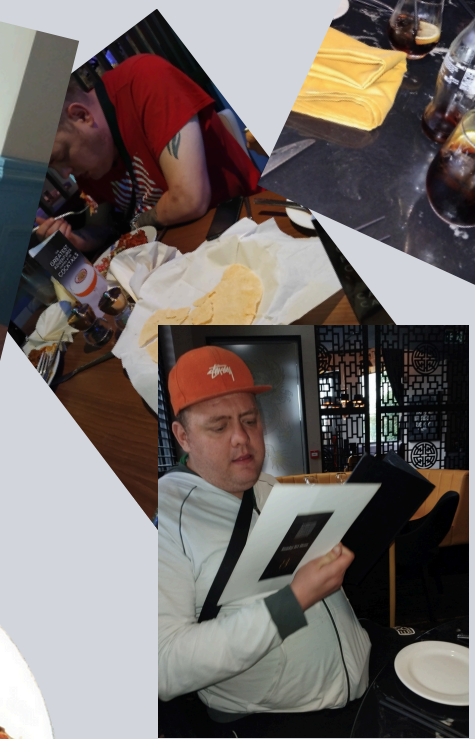












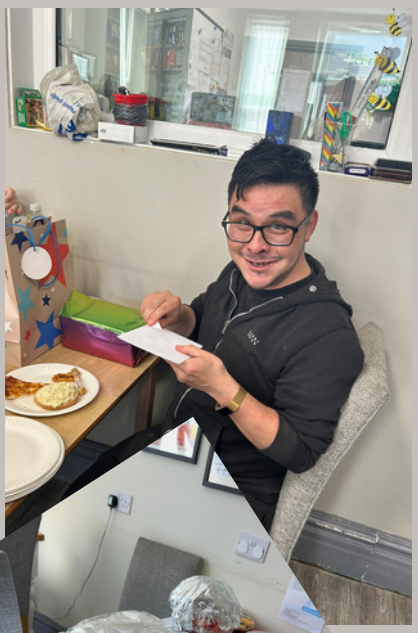




















We have celebrated two birthday's in recent weeks. Happy Birthday ***Kay*** *and* ***Matthew****!*

Goodbye!

Next Chapter Healthcare said goodbye and good luck to a long term resident recently.

Craig has been with us for almost three years and has moved on to less supported accommodation.

















Great times are ahead of you Craig

Let's Cook



Residents have excelled themselves once again with the delicious meals they have prepared

















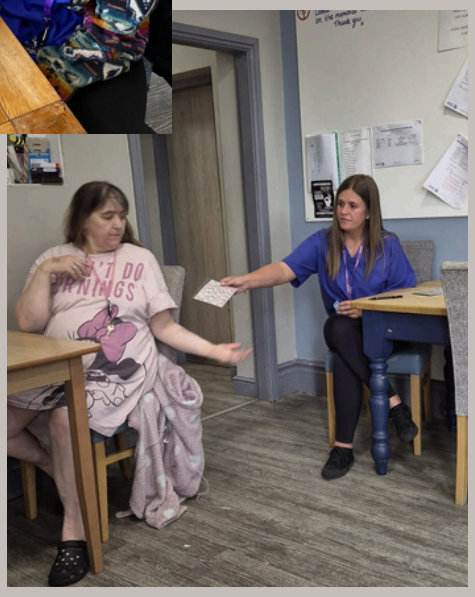












When the weather is wet and cold, residents love to spend the afternoon playing Bingo.

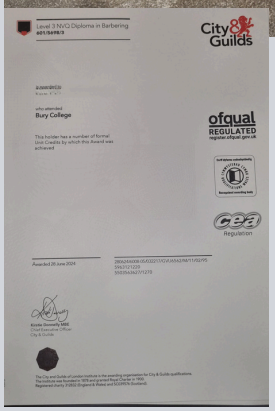
Well Done

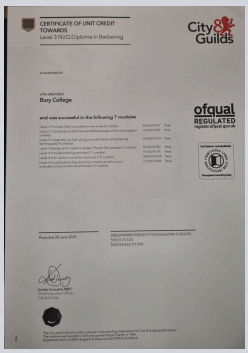












A massive well done to one of our residents who has passed his college course and his driving test in the space of a few weeks. He has now embarked on his university journey.

MAKE TODAY AMAZING





This September we started our "Healthy Future Group" with residents and staff.

We are learning all about healthy food choices, diet and exercise and sharing our highs and lows with each other.

In the first week alone we saw a combined weight loss of

OVER HALF A STONE

Well done everyone! Keep it up!!

















As part of our Heathy Future Group, staff and residents had a walk to the local park for a game of football and to use the outdoor gym equipment.













Residents and staff have once again been busy making up some wonderful floral tubs for the Autumn months.

Remembering Lynne







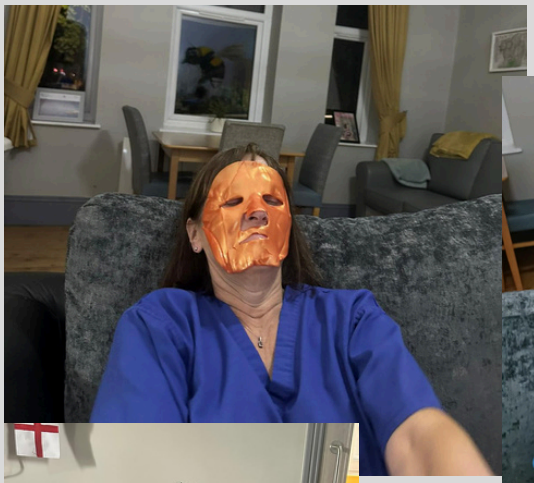




Almost a year after we lost her, Lynn's daughters came to unveil her memorial garden here at The Withins. Thank you so much to staff and residents who worked extremely hard to make it look so good.

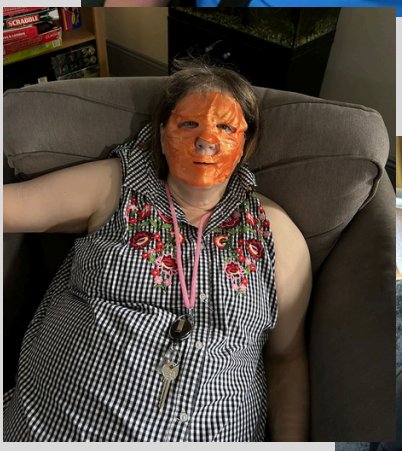
PAMPER TIME !









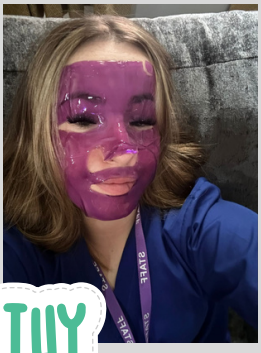








Residents once gain organised their own pamper and mindfulness session. Staff really enjoyed it as you can see!







ANIMAL ASSISTED THERAPY



Thank you very much to Sarah for bringing in the beautiful Gizmo and Belle for the residents to see. They had great fun feeding them hay and carrots, grooming them and walking then around the grounds.







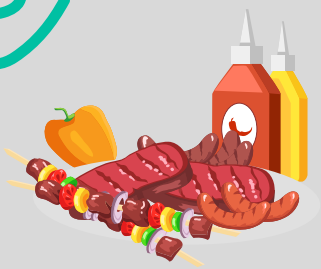




summer time









Staff and residents enjoyed the last of the summer sun by holding a barbecue and "sports day"







We had great fun participating in the egg and spoon race, three legged race and basketball











Everyone associated with Next Chapter Healthcare would like to say a massive Thank You to Karen.

Karen was only with us for a short time, but she made a massive impact on everyone. Staff and residents will miss you greatly Karen.

Enjoy you're retirement!

Thank you!





So Grateful for Your Support!









Staff have all worked really hard recently to complete their STAR training. Well done to all involved!





- Another “In the spotlight”
- Another “All about me”
- More 1-1 activities.
- More Birthday celebrations
- Halloween
- Armistice Day
- Preparations for Christmas

and much more.....

Our Mission Statement.

Our Vision

To be recognised as a world class healthcare and rehabilitation provider with a team of individuals who are dedicated to developing and providing the best possible care to allow people to be able to live a meaningful and satisfying life in the presence or absence of symptoms.

Our Mission.

To offer a high quality care that is determined by individual needs, to improve people's mental health and stay well, in homely accommodation, whilst showing dignity and respect to all our residents

Our Values

- Caring - Our actions show concern and kindness for each other at all times.
- Open - We see things how they really are and how they could be.
- Responsive - We respond to all feedback, suggestions and influences and see them as opportunities to grow and improve.
- Respectful - We listen to the opinions of others without comment or judgement.
- Together- We work in partnership with organisations that support our vision, mission and values.

Next Chapter Healthcare